

Effective October 14, 2024

Mount Pearl-Paradise Skating Club (MPPSC) is committed to providing a synchronized skating program to all skaters in our club. MPPSC supports teams by way of participation in provincially hosted and out of province competition.

The following guidelines must be followed by each team requesting to travel:

- 1. Teams must receive approval of all travel plans. This includes travel to provincial, national, and invitational competition.
- 2. A minimum of 90% of a team must agree to travel and participate in a particular competition.
- 3. If 90% of the team agrees, the Team Manager must inform the Director of Synchronized Skating of MPPSC and parents of the travelling team (or skaters if 19 years of age or older) of all travel plans as soon as possible, including: travel dates travel expenses and registration fees. These are the sole responsibility of the team.
- 4. The team manager is responsible for team travel plans, arrangements, and schedules.
- 5. No teams shall be permitted to hold bank accounts in the name of MPPSC, for the purpose of travel payments, all funds will go through the Skater Account bank account.
- 6. Travel will only be approved for travel the day prior and day after a competition (Competition is defined as the day the team starts on location activities for the event as identified by the coaching staff- IE Practice Ice may be Thursday and competition on Saturday, travel day will be approved for Wednesday and Sunday). Any teams extending their travel beyond these dates do so understanding that this is their own expense, and any scheduled practices and team meetings must be attended. NOTE: Changes to flights may be required in the event of travel advisories-please discuss with team coaches.
- 7. Teams will be responsible for covering the cost of club hired team coaches only to travel to and from the competition with the team, travelling coaches MUST be certified to be board-side with the team, coaches not certified to coach at the event will not be covered for travel.
- 8. Team managers/chaperones will not be covered for any travel or accommodations.

Travelling Skaters

- Where possible, travelling as a team is STRONGLY recommended. This includes flight and ground transportation.
- When a skater does not travel with the team for any reason, they are required to check with the team (in person) at a set date and time.

- Travelling skaters are reminded they are representing the club and should be dressed appropriately in team uniform as specified by the team coach/manager.
- Accommodations- Skaters are to stay with the team at the selected accommodations.
 - Skate Canada room policies will be implemented.
 - ONE head to a bed, unless it is a skater sharing a bed with their parent.
 - Room doors are to remain open at all times (unless sleeping or away from the hotel)
 - Rule of two will apply for any manager/chaperone doing a room check.
 - Skaters will not share a room with another more than 2 years age difference from their own.
 - Skaters have the right to be comfortable with whom they room with, this will be accommodated without question.
 - Skaters over 19 years of age are free to stay in rooms how they see fit.
 - Skaters 12 years of age or under are required to stay in a room with a parent, or adult chaperone designated by the skater's parent.
 - Skaters 13-18 years of age are welcome to share a room with another skater.
- All skaters are to abide by set curfews and check-in times.

Travelling Coaches

- Expenses covered will include:
 - Travel: Reasonable and customary amounts for travel
 - Mileage as per Skate Canada set amount when using private vehicle.
 - Flights (where required) at a reasonable fare (economy), with selected seats and one checked baggage.
 - Taxis/Uber
 - Chartered Bus seat
 - Accommodations
 - Hotel- One room per coach, in same hotel the team is staying in. Coaches have the option to share a room, however, will be provided their own bed.
 - Air BnB's will not be covered.
 - Private accommodations (i.e. family in the area) are permitted, there is no monetary stipend when this occurs.
 - o Meals
 - Daily per diem will be provided for each day at the Skate Canada current rate.